



**TAKBO SA PAGBANGON NG LEYTE**  
**Frequently Asked Questions (FAQs)**

**Date:** 4 May 2014, Sunday

**Venue:** PNB Financial Center, Macapagal Boulevard, Pasay City

**Assembly Time:** 5:00 AM

**Category and Gun Start:** 3K (5:50 AM) | 5K (5:40 AM) | 10K (5:30 AM)

**Registration Details:**

REGISTER AND PAY	REGISTRATION PERIOD	REDEEM RACE KIT
1. Register and pay online at <a href="http://www.pdic.gov.ph">www.pdic.gov.ph</a>	17 March 2014 – 21 April 2014	Race Kit will be delivered to your preferred address
2. Register and pay at the PDIC Office	17 March 2014 – 28 April 2014	Race Kit will be given immediately upon registration
3. Register and pay at Toby's Mall of Asia and Toby's SM North	17 March 2014 – 28 April 2014	Race Kit will be given immediately upon registration
4. Register and pay at the R.O.X. Bonifacio Global City	17 March 2014 – 28 April 2014	Race Kit will be given immediately upon registration

**Why join the “Takbo sa Pagbangon ng Leyte” benefit run?** You get to do some much-needed exercise, appreciate wellness, have fun with your family and friends, lead and live a healthy lifestyle, and help rebuild the communities hit by typhoon Yolanda in Leyte.

**How much is the registration fee?** 3K (P400) | 5K (P400) | 10K (P600) Your donation in the form of your registration fee will include entry to the **“Takbo sa Pagbangon ng Leyte”** benefit run, and participation in other activities during the event.

**Can I register my friends and family members?** Yes. However, for interested participants below 18 years old, their waivers must be signed by their parents/guardians. Registration forms may also be submitted by a representative to the registration centers listed above, provided that the forms are completely executed by the participants themselves, and the waivers are signed by the concerned registrants or by parents/guardians for participants below 18 years.

You may also register online at [www.pdic.gov.ph](http://www.pdic.gov.ph)

**Can children run for this cause?** Yes. For the safety of everyone, only children 7 years old and older are allowed to join. Children up to 6 years old, and accompanied with a responsible adult, may enjoy the programs and exhibit at the Activity Area.

Children aged from 7–12 years old may register for the 3K category ONLY and should be accompanied by an adult or guardian. Those who are 13–17 years of age may join in any of the three categories provided that their parents sign the waiver.

**Can I run with a stroller and with my toddler?** Sorry, adults are not allowed to run with children on strollers. No wheels are allowed in the course.

**Can I run with my pets?** Sorry, no runners are allowed to run with pets.

**What is included with my “Takbo sa Pagbangon ng Leyte” registration?** Participants will receive a Race Kit containing the Singlet, Race Bib and a Timing Chip (D-Tag).

**Do I need to be a professional runner to register?** No. The **“Takbo sa Pagbangon ng Leyte”** is all about having fun, being fit, and helping rebuild communities for typhoon Yolanda survivors. You can run, jog or brisk walk with your family and friends. Who knows, you may even bring home a prize or special award.

**Does individual race time get recorded?** Yes. The D-Tag that comes with your Race Kit and attached to the shoelace in a specified manner on Race Day exactly measures the time you will cross the start and the finish line. It is used in most professional races and has been tested as a reliable mechanism to measure running performance and pace (including splits) accurately. The official race results will also be uploaded in the website.

**How do I get to the venue?** Please see attached map.

**Will there be parking area available?** Yes. Participants and guests are advised to park their vehicles at the allocated parking area at the PNB Financial Center on a first come, first served basis. There are also pay parking areas along Macapagal Avenue at your convenience.

**Will there be water available on the race route?** Yes. Drinking water will be provided at select points along the route but runners are also encouraged to bring their own water bottles and undertake proper hydration and nutrition for the run.

**Will there be toilets/portalets available?** Portalets will be available at the activity area.

**Will medical help be available on the race route?** First aid stations and medics will also be available.

**Will there be a baggage tent?** Yes. Baggage deposit service is available at the activity area. Please do not leave any valuables inside your vehicle and bags. Organizers will not be liable for any loss of valuables.

### **Where do we go after the Race Proper?**

All race participants may claim free drinks at the Activity Area after the race and their checked baggage, if any. Participants and guests will converge at the Activity Area for a short and meaningful program highlighting our shared advocacy, and the much-awaited awarding of prizes.

**Are cameras and phones allowed during the race?** We discourage bringing these items and other valuables. Race photographers will be available to shoot from a medium distance.

**Are there refunds?** Registration fee is NON-REFUNDABLE. Just make sure you are good to go before signing up.

**Is change of category allowed?** Change of category after registration is NOT ALLOWED.

**What happens if there is bad weather?** A little rain won't stop the **"Takbo sa Pagbangon ng Leyte"**. Event will take place rain or shine. For weather updates and advisories from the Organizer days before the event, visit [www.pdic.gov.ph](http://www.pdic.gov.ph).