

2012 RP Team to Singapore Open Aug 25-26 start lists, report and results

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Start Lists by Singapore Athletics courtesy of Coach Roselyn Hamero

Special thank you for Mr. Eric Pasion Run4Change Inc. for providing me these results via email from mobile phone.



Decathlete Jesson Ramil Cid of Run4Change team during the National Games. Cid is running 400m and 400m Hurdles in Singapore (Photo Credit: Eric Pasion/Run4Change).

An all male team of mainly Run for Change Inc. sponsored athletes is heading to compete at the 74th Singapore Open Track and Field Championships on August 25 and 26. Run4change is also kindly providing all the uniforms for the entire RP Contingent on this trip.

Run4Change Inc. Founder Eric Pasion was selected as Team Manager by PATAFA after successfully winning the overall team championship at the National Games.

National Champion Julius Sermona is by far the fastest entry in the Men's 10k and expected to dominate his event. Sermona has already surpassed the bronze medal performance of the last SEA Games. Sermona is also entered in the 5k which he is certain to easily win, however he has not yet ran the bronze of 14:41.30 as [performed by Rene Herrera during the Olympic Games](#).

Another athlete who has surpassed the bronze medal performance of last SEA Games is Manuel Lasangue Jr. his big improvement to win the PNG in 2.10m, makes him one of the favorites in this event with Japan's Yuta Funase (2.11m) certain to give him good competition.

Wenlie Maulas the silver medalist in the 800m at the National Games is the fastest entry in the Men's 800m. While in the 400m Hurdles the top three at the PNG Junrey Bano and run4changes Jesson Ramil Cid and Ian Delos Santos will take on Japan's Fueki Yasuhiro who has run 49.94. Cid will also start in the 400m and has drawn the same heat as the other Filipino 33-year-old Julius Nierras the 2007 SEA Games Champion.

While expected to finish 1-2 in this heat. The second heat has Hideyuki Hirose (46.97) and Satoshi Kanoke (47.38). Meaning its likely one of these two could be in for a medal.

Delos Santos is also entered in the Triple Jump.

Javelin Thrower Kenny Gonzales (r4c) who has a best of 61.25 is up against very strong opponents from India and Chinese Taipei.

74th Singapore Open Track & Field - 25/8/2012 to 26/8/2012
Championships 2012
Bishan Stadium
Meet Program - 74th Singapore Open Track & Field C'Ships 2012

Event 116 Men 10000 Meter Run Open

Saturday 25/8/2012 - 6:00 PM

CR: 29:40.80 1/9/1978 Julian Goater, GBR

NR: 31:19.00 20/11/1973 P.C.Suppiah

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
1	1156	Le Van, Hoang	29	Vietnam	34:00.00
2	1151	Liew, Ashley	26	Unattached	34:17.00
3	1119	Deppe, Greifswald	22	SG Greifswald	34:24.00
4	1172	Fang, Jianyong	23	WAC	34:46.00
5	1090	Goh, Joshua	24	NTU	37:11.33
6	1114	Lee, Jian Ler	20	Safsa	NT
7	1132	Mohd, Hafiz		Swift	NT
8	1101	Julius, Sermona	34	Philippine	NT

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Event 110 Men 400 Meter Hurdles (0.914m) Open

Saturday 25/8/2012 - 3:40 PM

CR: 50.20 4/9/1994 Chanond Keanchan, THA

NR: 52.30 3/4/1983 Seah Soo Lye

NJR: 53.59 27/5/2011 Md. Zaki Sapari

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
3	1100	Jesson, Ramil Cid	21	Philippine	54.49
4	1060	Fueki, Yasuhiro	27	Japan	49.94
5	1103	Junrey, Bano	28	Philippine	51.75
6	1106	Mark Ian, Delos Santos		Philippine	55.90

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Event 111 Men Javelin Throw (800g) Open

Saturday 25/8/2012 - 4:00 PM

CR: 75.93m 2/9/2006 Sang-Jin Chung, S.Korea

NR: 59.22m 30/8/1988 Ng Bock Huat

NJR: 55.19m 31/5/2009 Koh Thong En

Pos	Comp#	Name	Age	Team	Seed Mark
Flight	1 of 1	Finals			
1	1040	Mohammad, Zulkifli	17	Indonesia	60.89m
2	1147	Bin Din, Muhamad Edir	38	Unattached	ND
3	1012	Ku, Chia Ho	18	Chinese Taipei	68.35m
4	1010	Chung, Cheng Hung	21	Chinese Taipei	71.52m
5	1176	Koh, Thong En	21	WAC	49.11m
6	1087	Chong, Akid	22	NYP	63.42m
7	1110	Boey, Dominic Chenjie	20	Safsa	ND
8	1104	Kenny, Gonzales	20	Philippine	61.25m
9	1032	Manoj, Yadav	19	India	72.85m

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Event 221 Men 5000 Meter Run Open

Sunday 26/8/2012 - 5:15 PM

CR: 14:06.50 2/9/1978 Julian Goater, GBR

NR: 14:51.09 28/5/2011 Mok Ying Ren

NJR: 15:19.00 19/9/1967 Mirza Namazie

Lane	Comp#	Name	Age	Team	Seed Time
Section	1 of 1	Timed Finals			
1	1101	Julius, Sermona	34	Philippine	14:24.71
2	1188	Soh, Rui Yong	21	WAC	15:50.28
3	1156	Le Van, Hoang	29	Vietnam	16:10.00
4	1192	Tung, Zhi Shing Colin	24	WAC	16:55.10
5	1072	Callon, Mark	44	MR25	16:56.99
6	1114	Lee, Jian Ler	20	Safsa	NT
7	1132	Mohd, Hafiz		Swift	NT
8	1074	Lawrence, Jason	31	MR25	NT

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Event 206 Men 400 Meter Dash Open

Top 8 Advance by Time

Sunday 26/8/2012 - 2:30 PM

CR: 46.25 3/9/2006 Yoshihiro Horigome, JPN

NR: 47.40 9/7/1989 Haron Mudir

NJR: 47.97 18/6/2011 Ng Chin Hui

Lane	Comp#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
2	1153	S/O Hamed, Mohd Zuhair	20	Unattached	52.48
3	1100	Jesson, Ramil Cid	21	Philippine	58.76
4	1004	Bin Pg Rositi, Ak Haify Tajudin	21	Brunei	48.67
5	1102	Julius Felicisimo, Nierras Jr	33	Philippine	46.56
6	1191	Tan, Kheng Chye Daryl	24	WAC	52.00
Heat 2 of 2 Prelims					
1	1001	Azrin, Ali	18	Brunei	52.86
2	1137	Kittisuntornrak, Somchai		Thailand	NT
3	1065	Hirose, Hideyuki	23	Japan	46.97
4	1173	Goh, Eng Wei	22	WAC	50.00
5	1066	Janeko, Satoshi	22	Japan	47.38
6	1020	Bin Sapari, Muhammad Zaki	20	Club Zoom	50.01
7	1106	Mark Ian, Delos Santos		Philippine	NT

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Event 106 Men 800 Meter Run Open

Saturday 25/8/2012 - 2:25 PM

CR: 1:47.25 5/9/1998 Crispen Mutakayi, ZIM

NR: 1:49.90 30/4/1983 S Surenda

NJR: 1:52.37 1985 Sinnathambi Pandian

Lane Comp# Name Age Team Seed Time

Section 1 of 1 Timed Final

- 1 1107 Wenlie, Maulas 23 Philippine 1:53.60
- 2 1158 Tran Trung, Tri 27 Vietnam 1:54.00
- 3 1157 Nguyen Xuan, Truong 26 Vietnam 1:55.00
- 4 1187 Soh, Hua Qun 21 WAC 1:58.57
- 5 1001 Azrin, Ali 18 Brunei 2:05.52
- 6 1135 Sng, Cheng Wei 25 Swift 2:08.00
- 7 1146 Ananthan, Rooban 17 Unattached 2:11.00
- 8 1120 Teo, Yang 19 SP 2:12.00
- 9 1118 Tan, Yi Shuan Marcus 20 Safsa NT
- 10 1148 Dubey, Kissan Kumar 17 Unattached NT

Singapore Athletics Day 1 & 2

Philippine Athletes Day 1 "Support our athletes"



Run4Change Ian Delos Santos and Jesson Ramil Cid representing the Philippines at the Singapore Open (Photo Credit: Eric Pasion)

(Aug 25) 34 year-old Veteran Julius Sermona did enough to win gold in the Men's 10k in a time of 32:51.69, Sermona who was up against a very weak field had already ran 31.09.44 at the National Open which was good enough to better the bronze medal standard from the last SEA games. His best of 30:16.91 was run way back in 2003 in Guangzhou China.

The Philippines was certain of at least two medals in the Men's 400m Hurdles with Japan's Fukei Yasuhiro the fastest in the event with a sub 50 PB. Junrey Bano (4th SEA games) was second in 51.93, just outside his personal best of 51.75 at the sea games and 51.84 he registered in Kazakhstan earlier this year.

Jesson Ramil Cid was a very distant third place in 54.66 albeit a season's best for Cid who ran 54.79 at the National Open after tripping over a hurdle still well off his personal best of 53.1 established during the 2011 UAAP. Ian Delos Santos was fourth improving his best from 55.90 to 55.70.



Jesson Ramil Cid, Junrey Bano (on ground) and Ian Delos Santos

Event favorite Wenlie Maulas finished with silver in the Men's 800m with a time of 1:55.14, Truang Nguyen Xuan of Vietnam won the event in 1:54.61. Maulas best time of 1:52.92 was ran when he placed second at the National Games at the end of May.

20 year-old Kenny Gonzales of Run4Change Inc., FEU and the Philippines finished fifth place in the Men's Javelin throw with 57.74m however it was short of the 61.25m he threw at the PNG to win the bronze medal.

Gonzales together with Allanoid Lumbao and Gustl Pido is a new generation of javelin throwers coming through seeking to challenge the more established National Record Holder the 40-year-old Danilo Fresnido (who holds the National Record with 72.93m). The event was won by 19 year-old Madab Manoj of India with a throw of 66.11m, the top four throwers all threw 63m+

Singapore Open Day 1 Results *courtesy of the Singapore Athletics Association*

[Day 1](#)

Day 2 Cid 400 PB Bronze Medal

Jesson Ramil Cid gained a bronze medal in the Men's 400m. His time of 48.44 was a new PB. Cid's previous best time was a bronze medal in Vietnam Nationals last year where he ran 48.76. His seasonal best time was 49.17 when he won the UAAP Title.

Cid improved on that in the heats with 48.83. 33 year-old 2007 SEA Games Champion Julius Nierras was fourth in 48.51 however this time was a seasonal best for Nierras who at the peak of his powers had ran 46.56. Ian Delos Santos was fifth having run a personal best of 50.98 in the heats. The highly fancied Japanese runners who had came in with best times of 46 and 47 seconds did enough to ensure the win.

Cid 4x400?

Looking at the possible 4x400 for SEA Games. [2011 SEA Games](#) 400m Silver medalist Archand Bagsit leads the list with a 47.44 run, Bagsit ran several 47 second runs in Thailand and also Kazakhstan. He also won the 400m at the PNG in very windy conditions. Bagsit time of 47.44 is good enough to win the individual 400m at the next SEA Games in 2013.

Edgardo Alejan Jr. Silver Medalist at the Hong Kong Invitational's timed 48.41 and placed third at the PNG. Both Bagsit and Alejan are trained by 2001-2003 SEA Games 400m Champion Ernie Candelario. With Cid and Nierras in the line for consideration. There is also 400 Hurdler Junrey Bano part of last year's 4x400 Gold Medal team at SEA Games and Isidro 'Tilo' Del Prado Jr. (49.01) that was second at the PNG.



Run For Change sponsored Philippine Team
from left to right Ian Delos Santos, Christopher Ulboc, Eric Pasion (R4C Manager), Jesson Ramil Cid, Rene Herrera, Junrey Bano, Coach Sean Gueverra, Julius Nierras, Wenlie Maulas, Coach Ojon Artiaga

- [Yeo wins, gunning for SEA Games glory](#) (todayonline.com)
- [Wong returns for Singapore Open](#) (todayonline.com)