

2.2.1.9. ATHLETICS (TRACK AND FIELD)

2.2.1.9.1. The General Ground Rules of NCAA shall apply in this Meet for Athletics.

2.2.1.9.2. The Meet Rules of the National Sport Association (NSA) shall apply in this meet unless otherwise provided in the NCAA General Ground Rules and Meet Rules for Athletics.

2.2.1.9.3. Each participating NCAA member-school shall be allowed to field in a maximum of four (4) athletes per individual event, and, only one relay team of four (4) athletes per relay event.

2.2.1.9.4. Each athlete shall be limited to not more than (4) individual events plus not more than (2) relay events, limiting each athlete to a total of six (6) events for the duration of NCAA Athletic Meet.

2.2.1.9.5. The NCAA Meet for Athletics shall have maximum three (3) days of competition using the following schedule:

Event No.	Time	Event	Division	Remark
Day 1				
Morning Session				
	8:00 AM	(OPENING CEREMONY)		
101	8:30 AM	400M Hurdles	Juniors	Trial
102	8:30 AM	Pole Vault	Seniors	Final
103	8:30 AM	Discus Throw	Juniors	Final
104	8:30 AM	Long Jump	Juniors	Final
105	9:00 AM	400M Hurdles	Seniors	Trial
106	9:30 AM	100M	Seniors	Trial
107	10:00 AM	100M	Juniors	Trial
108	10:30 AM	800M	Juniors	Trial
109	10:30 AM	Long Jump	Seniors	Final
110	11:00 AM	800M	Seniors	Trial

Afternoon Session				
Awarding	1:30 PM	Pole Vault	Seniors	
Awarding	1:35 PM	Discus Throw	Juniors	
Awarding	1:40 PM	Long Jump	Juniors	
Awarding	1:45 PM	Long Jump	Seniors	
111	2:00 PM	Discus Throw	Seniors	Final
112	2:00 PM	100M	Juniors	Final
113	2:30 PM	100M	Seniors	Final
114	3:00 PM	2000MSC	Juniors	Final
115	3:30 PM	400M	Juniors	Trial
116	3:45 PM	400M	Seniors	Trial
117	4:00 PM	4x100M Relay	Juniors	Trial
118	4:15 PM	4x100M Relay	Seniors	Trial

Day 2				
Morning Session				
201	7:00 AM	5000M	Seniors	Final
202	8:00 AM	400M	Juniors	Final
203	8:00 AM	Javelin Throw	Seniors	Final
204	8:00 AM	Pole Vault	Juniors	Final
205	8:15 AM	400M	Seniors	Final
206	8:30 AM	110M Hurdles	Juniors	Trial
207	9:00 AM	110M Hurdles	Seniors	Trial
208	9:30 AM	Triple Jump	Seniors	Final
209	9:45 AM	800M	Juniors	Final
210	10:00 AM	800M	Seniors	Final
Awarding	10:30 AM	Discus Throw	Seniors	
Awarding	10:35 AM	100M	Juniors	
Awarding	10:40 AM	100M	Seniors	
Awarding	10:45 AM	2000MSC	Juniors	
Afternoon Session				
Awarding	12:45 PM	400M	Juniors	
Awarding	12:50 PM	Javelin Throw	Seniors	
Awarding	12:55 PM	Pole Vault	Juniors	
Awarding	1:00 PM	400M	Seniors	
Awarding	1:05 PM	Triple Jump	Seniors	
Awarding	1:10 PM	800M	Juniors	
Awarding	1:15 PM	800M	Seniors	
211	1:30 PM	200M	Juniors	Trial

212	1:30 PM	Javelin Throw	Juniors	Final
213	1:45 PM	200M	Seniors	Trial
214	1:45 PM	Triple Jump	Juniors	Final
215	2:00 PM	110M Hurdles	Juniors	Final
216	2:45 PM	110M Hurdles	Seniors	Final
217	3:00 PM	4x400M Relay	Juniors	Trial
218	3:15 PM	4x400M Relay	Seniors	Trial

Event No.	Time	Event	Division	Remark
Day 3				
Morning Session				
301	7:00 AM	3000M SC	Seniors	Final
302	8:00 AM	High Jump	Seniors	Final
303	8:00 AM	Shot Put	Seniors	Final
304	8:00 AM	400M Hurdles	Juniors	Final
305	8:15 AM	400M Hurdles	Seniors	Final
306	8:40 AM	3000M	Juniors	Final
307	9:20 AM	200M	Juniors	Final
308	10:00 AM	200M	Seniors	Final
Awarding	10:45 AM	Javelin Throw	Juniors	
Awarding	10:50 AM	Triple Jump	Juniors	
Awarding	10:55 AM	5000M	Seniors	
Awarding	11:00 AM	110M hurdles	Juniors	
Awarding	11:05 AM	110M hurdles	Seniors	
Afternoon Session				
Awarding	1:00 PM	3000M SC	Seniors	
Awarding	1:05 PM	High Jump	Seniors	
Awarding	1:10 PM	Shot Put	Seniors	
Awarding	1:15 PM	400M hurdles	Juniors	
Awarding	1:20 PM	400M hurdles	Seniors	
Awarding	1:30 PM	3000M	Juniors	
Awarding	1:35 PM	200M	Juniors	
Awarding	1:40 PM	200M	Seniors	
309	2:00 PM	High Jump	Juniors	Final
310	2:00 PM	Shot Put	Juniors	Final
311	2:00 PM	4x100M Relay	Juniors	Final
312	2:15 PM	4x100M Relay	Seniors	Final
313	2:30 PM	1500M	Seniors	Final
314	2:50 PM	1500M	Juniors	Final

315	3:15 PM	4x400M Relay	Juniors	Final
316	3:45 PM	4x400M Relay	Seniors	Final
Awarding	4:30 PM	High Jump	Juniors	
Awarding	4:35 PM	Shot Put	Juniors	
Awarding	4:40 PM	4x100M Relay	Juniors	
Awarding	4:45 PM	4x100M Relay	Seniors	
Awarding	2:30 PM	1500M	Seniors	
Awarding	2:50 PM	1500M	Juniors	
Awarding	4:55 PM	4x400M Relay	Juniors	
Awarding	5:00 PM	4x400M Relay	Seniors	
Awarding	5:05 PM	Juniors Champion, CoY, MVP	Juniors	
Awarding	5:15 PM	Seniors Champion, CoY, MVP	Seniors	

2.2.1.9.6. The following Point System shall apply to determine the team champion of the athletics meet:

PLACES	Top 16 after Elim	Points Finals	Medium-Long Distance
1 st	20.0	25.0	45
2 nd	15.0	12.0	27
3 rd	12.0	8.0	20
4 th	10.0	5.0	15
5 th	8.0	4.0	12
6 th	6.0	3.0	9
7 th	5.5	2.5	8
8 th	5.0	1.0	6
9 th	4.5		4.5
10 th	4.0		4.0
11 th	3.5		3.5
12 th	3.0		3.0
13 th	2.5		2.5
14 th	2.0		2.0
15 th	1.5		1.5
16 th	1.0		1.0

2.2.1.9.7. The team placements for each division of all participating teams shall be determined by the Total Number of Points earned by each athlete, individual or relay.

2.2.1.9.8. Should there be double/triple or any other tie, it shall be broken in the following manner.

2.2.1.9.8.1. By the total number of Gold Medals earned by the team.

2.2.1.9.8.2. By the total number of Silver Medals earned by the team.

2.2.1.9.8.3. By the total number of Bronze Medals earned by the team.

2.2.1.9.9. Double Champions shall be awarded to the teams whose tie is not resolved as provided in rules 2.2.9.8.1 to 2.2.9.8.3.

2.2.1.9.10. Bib number Assignment

School	Bib Numbers
Arellano University	001 to 044
Colegio de San Juan de Letran	101 to 144
College of St. Benilde	201 to 244
Emilio Aguinaldo College	301 to 344
Jose Rizal University	401 to 444
Lyceum of the Philippines University	501 to 544
Mapua Institute of Technology	601 to 644
San Beda College	701 to 744
San Sebastian College – Recoletos	801 to 844
University of Perpetual Help System Dalta	901 to 944

2.2.1.9.11. AWARDS

2.2.1.9.11.1. The Most Valuable Player-Athlete (MVP) for every division shall come from the Champion Team. Should a double/triple or any other tie occur, it shall be resolved in the following manner:

2.2.1.9.11.1.1. By the number of Record Breakers earned.

2.2.1.9.11.1.2. By the number of Gold Medals earned.

2.2.1.9.11.1.3. By the number of Silver Medals earned.

2.2.1.9.11.1.4. By the number of Bronze Medals earned.

2.2.1.9.11.1.5. Should any tie not be resolved using 2.2.1.9.10.1.1 to 2.2.1.9.10.1.4, double MVP-athletics shall be awarded to both athletes.

2.2.1.9.11.2. The athlete with the most number of medals shall be awarded the Most Bemedalled Athlete.

2.2.1.9.11.3. A Gold Medal shall be awarded to the First Placer, a Silver Medal to the Second Placer and a Bronze Medal to the Third Placer.

2.2.1.9.11.4. The Record Breaker in every division shall be awarded an NCAA miniature trophy.

2.2.1.9.11.5. The Coach of the Year in every division shall be awarded an NCAA miniature trophy and shall come from the champion team.

2.2.1.9.12. Provisions for Photographic Evidence as required by track events shall apply.